

Redcar Race Walking  
Club  
Presents

NATIONAL 50K  
ROAD WALK

Including RWA, U.K., and NOE  
Championships

Permit number 17/07/74

VENUE:  
ROPNER PARK,  
STOCKTON-ON-TEES

Sunday 27<sup>th</sup> April 2008  
11:00am

## Officials

Starter	Mayor of Stockton Councillor John Fletcher
Referee	Glyn Jones, President of RWA
Timekeepers	John Howley (Chief), D Abrahams, R W Balding, L Venmore, M Groves.
Recorders	Dave Dixon (Chief), John Guerney, Stan Pailor, Dave Perry, Kate Perry, Linda Scolfield, Julian Barker.
Judges	Russ Jackson (Chief), Olive Dobson, Mick Hague, Roy Thorpe, Fred Pearce, Pauline Wilson, Peter Cassidy, Peter Marlow (Recorder)
Sponsors	Ken Munro, Vince Starling Taxis, Sabic Petrochemicals UK, Stockton-on-Tees Council
Changing & Registration	Fitness First, Yarm Road, Stockton-on-Tees. From: 9 am
Presentation	Fitness First after finalising of result sheet by R.W.A. officials

## Teams and Individuals

### Redcar Race Walking Club

- (1) John Paddock
- (2) Dave Jones
- (3) Martin Fisher
- (4) Glen Blythman

### Milton Keynes A.C

- (5) Bob Austin

### Hillingdon A.C.

- (6) Andrew Cox

### Tynedale Harriers

- (7) Ken Matthewson

### Steyning A C

- (8) Ian Richards

### Southend On Sea A C

- (9) Chis Cattano

### York C I U

- (10) Mark Byrne
- (11) Paul Evennett

### Ilford A.C.

- (12) Scott Davis
- (13) Ollie Browne

### Manx Harriers

- (14) Michael George
- (15) Marie Jackson (F)

### Nuneaton Harriers

- (16) Stephen Arnold

### Loughton A.C.

- (17)Cath Duhig (F)

### Surrey W.C.

- (18) Stephen Crane

Yorkshire RWC

(20) Phil Carroll

Enfield & Haringay

(21) Bernard Hercock

(22) Sean Pender

Leicester.

(23) Mark Wall

(24) Sue Rey (F)

(25) Sarah Lightman(F)

Herts Phoenix

(26) Arthur Thompson

Ashford A.C.

(27) Gary Macdonald

London Vidarians

(28) Chris Flint

Birchfield Harriers

(35) John Constantinou

(38) Karen Davies (F)

(39) Tony Collins

(43) Dave Fall

Belgrave Harriers

(44) Maureen Noel (F)

(48) Mark Culshaw

(49) Paul King

(51) John Hall

## Course & Race Information

This is a category “A” race and as such competitors are required to conform with the straight leg rule.

One loop of the course is 1.17 km's, 50k therefore comprises of approx 42  $\frac{3}{4}$  loops.

In order to assist athletes, markers will be placed at 10k, 20k, 30k and 40k points, but it will be up to the individual athlete to calculate when these points have been reached, according to their elapsed time.

Drinks may only be taken at the official feed station and must be consumed within the allotted area, anyone with their own drinks may leave them with the team at this feed station prior to the start of the race.

A cut off time of 6 hours and 15 minutes is allowed for the completion of the race distance. Anyone not completing the full distance within this time will be

classified and given their distance covered up to their last full lap.

Competitors are warned that during the race the park will be open to the general public and therefore care must be taken around the course to avoid any collisions.

Please do not engage lap recorders in conversation as this is likely to cause lack of concentration and result in errors.

Packed lunches will be provided for all officials and helpers.