

# SALTBURN SANDBLASTER ROAD WALK

Distance 10km (Flat, fast, tarmac and measured with surveyor's wheel)

**Sunday 16 August 2009**

*Organised by Redcar Race Walking Club as part of Saltburn Victorian Festival*

*Sponsored by Marske, New Marske and Saltburn Parish Council and Ken Munro*

Under UK Athletics rules: *Permit applied for*

**12 noon – Novice Walk 2 miles category B**

**12:30 p.m. – N of E AA Women's 5km Championship Category A**

**12:30 p.m. – Open 5km Walk Category A**

**1:15 p.m. – Open 10km Walk Category B**

**1:15 p.m. – Open 10km Run**

All events except N of E Championship are open to Men and Women

*All events start from the Marine Hotel, Marine Parade, Saltburn*

*Registration will be open for distribution of numbers from 11 a.m.*

**Substantial prize lists** for all races, including team races for *FOUR* counters in 'opens' male, female or mixed and for the best dressed *COMPETING 'Victorian'* Commemorative award to all finishers in all races

Closing date for postal entries: Saturday 8 **August** - **entries on the day £2.00 extra!**

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## Entry Form for Saltburn Victorian 5km walk, 10km walk or 2 mile Novice Walk

First name \_\_\_\_\_

\_\_\_\_\_ Surname \_\_\_\_\_

Age on race day \_\_\_\_\_

Event entered \_\_\_\_\_

Address \_\_\_\_\_

Affiliated Club \_\_\_\_\_ Contact tel No \_\_\_\_\_

Entries: £5 per person (affiliated), £2 extra for non-affiliated athletes.  
Cheques to Redcar Race Walking Club

John Paddick, 160, West Dyke Road, Redcar, TS10 1JN - TEL: 01642 489728

**I am an amateur as defined by the rules of UK Athletics. I agree that the race organisers will not be held responsible for any injury or illness however caused.**

Signed \_\_\_\_\_

Date \_\_\_\_\_